

THE TOWER CAFÉ MENU

Served from 10.00am to

Full Irish Free-Range Egg, Bacon, Sausage, Black and White Pudding, Grilled Tomato, Home Cooked Beans, Mushrooms, Ballymaloe Relish and Toast (WG, OG, E, S, MK, CY, MD, SP) 10.50

Breakfast Rostie Scrambled or Poached Egg, Sausages, Rashers, Grilled Tomatoes Served on our House Rosti Potato (WG, E, S, MK, MD, SP) 9.50

Pancakes with Maple Syrup or Chocolate Sauce (WG, E, MK) 4.50
Add Maple Syrup and Crispy Bacon (S) 1.80

Served All

Traditional Irish Soup (MK, CY) with Multiseed Soda Bread (WG, MK, SS) or Country Loaf Bread (WG, RG, MK) 5.50

Croque Monsieur Baked Ham on White Toasted Bread Topped with Béchamel and Melted Mature Cheddar Cheese (WG, MK, SP) 8.90

Smoked Chicken Ciabatta with Bacon, Cheddar Cheese, Oven Roasted Peppers and Caesar Dressing (WG, BG, E, F, MK, MD, SP) 8.50

Chorizo Melt with Emmental Cheese, Vine Ripe Tomatoes and Basil Pesto (WG, E, MK, MD, SP) 8.50

Caesar Salad Wrap with Grilled Chicken, Crispy Bacon, Croutons, Shaved Parmesan, Toasted Pine Kernels and Caesar Dressing in a Soft Tortilla Wrap (WG, BG, E, F, MK, MD, SP) 8.50

Add a Cup of Soup to any Sandwich for 2.60

All of the above served with Mixed Leaf Salad or Crisps

THE LITTLE PEOPLE

Children's Breakfast Scrambled Egg, Sausage or Bacon and Toast (WG, E, S, MK, MD, SP) 5.80

Children's Portion Soup of the Day (MK, CY) with House Brown Multiseed Soda Bread (WG, MK, SS) 2.80

Kid's Toasted Sandwich (WG, S) Cheddar Cheese (MK) or Baked Ham (SP) 5.15

Little People's Homemade Smartie Cookie our own Buttery Chocolatey Favourite (WG, E, S, MK) 1.80

Little People's Hot Chocolate with or without Marshmallows (MK, E) 1.80

THE EARLY RISERS

Scrambled Free Range Eggs with Spinach, Flatcap Mushroom, Slow Roast House Beans, Grilled Tomatoes, Ballymaloe Relish on a Potato Farl (WG, E, CY) (Vegan Version without Egg 7.95) 9.50

Breakfast Wrap with Relish, Sausage, Rashers and Scrambled or Poached Egg (WG, C, MK, SP) 8.50

SOUPS, SANDWICHES AND WRAPS

Seafood Chowder (F, MK, CY) with Multiseed Soda Bread (WG, MK, SS) or Country Loaf Bread (WG, RG, MK) 8.50

Famous BLT Crispy Bacon, Vine Ripe Tomato, Crisp Lettuce and Mayonnaise on Country Loaf Bread (WG, RY, E, MD, S) 8.50

Grilled Falafel Wrap with Red Slaw, Red Onions, Roasted Red Peppers, Grilled Halloumi and Mixed Leaves (WG, MK, SP) 8.50

Simple Toastie with Ham and Cheese Served with Crisps (WG, S, MK, SP) 5.95

French Fries with Garlic Mayo (E, MD) 4.95

THE SALADS

Chicken Caesar Salad Crispy Cos Lettuce, Roast Chicken, Crispy Bacon, Shaved Parmesan, Croutons, Toasted Pine Kernels Served with a Traditional Caesar Dressing (WG, BG, E, F, MK, MD, SP) Vegetarian Version 9.80 10.70

Halloumi Salad with Rocket, Pomegranate, Dill, Oranges, Pumpkin Seeds, Red Onion and Fresh Mint (MK, MD, SP) 9.80

SI
CAFÉ

SIMPLY IRISH

THE TOWER CAFÉ MENU

THE SWEETS

Homemade Plain or Fruit Scone <i>with Fruit Preserves and Cream or Irish Butter</i> (WG, S, MK, SP)	3.30
Chocolate Brownie <i>with Fresh Cream</i> (WG, E, S, MK)	4.50
Vegan Sticky Toffee Pudding <i>with Coconut and Caramel Sauce</i> (WG, AN)	4.50
Lemon Drizzle Cake (WG, E, MK, SP)	4.50
Carrot Cake <i>with Cream Cheese Frosting</i> (WG, E, S, MK)	4.50
Danish (WG, E, MK)	3.20
Pain au Chocolat (WG, E, MK)	3.00
Croissant (WG, E, MK)	3.00
Homemade Cookie	2.20
Brockie <i>Our Own Signature Brownie/Cookie</i> (WG, E, S, MK)	
Toffee Pecan (WG, E, MK, PN)	
Triple Chocolate Chip (WG, E, S, MK)	
Oat and Raisin (WG, E, S, MK)	

Almond and Apricot Cake <i>our Flourless Version of a Classic Tea Cake</i> (E, MK, AN, SP)	4.50
Mars Bar Rice Krispy Round (BG, E, S, MK)	4.00
Rocky Road (WG, BG, E, S, MK)	4.00
Foods of Atheny Gluten Free Granola Bar <i>(see individual Pack)</i>	3.00
Muffin of the day (WG, E, S, MK)	3.20
House Honey Booster <i>Granola Bar</i> (OG, MK, SP)	3.00
All Chocolate Bars <i>(see individual Pack)</i>	1.95
Irish Crisps <i>(see individual Pack)</i>	1.95

Americano 12oz	3.20
Cappuccino (MK) 12oz	3.50
Latte (MK) 12oz	3.50
Flat White (MK) 8oz	3.50
Mocha (MK) 12oz	3.80
Espresso 4oz	3.00
Double Espresso 7oz	3.20
Cortado Espresso (MK) 4oz	3.20
Hot Chocolate (MK) 12oz <i>with or without Marshmallows</i> (E)	3.80
Macchiato (MK) 6oz	3.20
Double Macchiato (MK) 8oz	3.50
Iced Coffee (MK) 12oz	0.40
Add on <i>Specialty Flavour</i>	0.40
Add on <i>Dairy Free Milk</i>	0.40
Add on <i>Extra Coffee Shot</i>	0.40

THE REFRESHMENTS

Chai Latte (MK) 12oz	3.45
Pot of Irish Tea	3.00
Herbal Tea <i>from a Selection of Flavours</i>	3.20
Still/Sparkling Water	2.30
Fruice Apple Juice / Orange Juice	2.80
Homemade Lemonade (SP) <i>Yes, We Make It</i>	3.00
Soft Drinks	2.20
Vit Hit	3.20
Kids Fruice Juicy <i>Low Sugar</i>	1.90
Iced Tea 12oz	3.50
Smoothie of the day <i>Check with Server</i>	4.00
Fiabesco Prosecco Frizzante, Italy, 20cl (SP)	8.50
Lazo Cabernet Sauvignon, Chile, 20cl (SP)	6.95
Lazo Sauvignon Blanc, Chile, 20cl (SP)	6.95

Allergen Identifiers: Wheat Gluten (WG); Rye Gluten (RG); Barley Gluten (BG); Oat Gluten (OG); Crustaceans (C); Eggs (E); Fish (F); Soybeans (S); Milk (MK); Peanuts (PN); Walnuts (WN); Almonds (AN); Hazelnuts (HN); Cashew Nuts (CN); Pecan Nuts (PNN); Brazilian Nuts (BN); Pistachio Nuts (PON); Macedonian Nuts (MN); Celery (CY); Mustard (MD); Sesame Seeds (SS); Sulphites (SP); Lupin (L); Molluscs (M)

Please note that although items made by us do contain allergens as outline on our menu, our food is made in house and not in an allergen free environment.

We are delighted to be back serving you. We have worked hard to implement safe policies and procedures for our staff and our customers and depend on everyone to adhere to these to ensure we can remain open.

Any questions or concerns please email glasnevin@thecaterers.ie – both the café team and our head office team will be monitoring this email closely to ensure that our customers are communicated effectively and efficiently at all times.

Finally, from all the team, THANK YOU, for your continued and growing support since 2019, we really appreciated it.



Our chocolate products may contain traces of nuts.

Open daily from 10:00 am to 5.00 pm

@si_cafés @simplyirishcafés

Since 1998, we have worked with the best traditional yet innovative coffee roaster JJ Darboven, harnessing their 150 years' experience with our customer dining vision.

SI
CAFÉ

SIMPLY IRISH