

THE COURTYARD CAFÉ MENU

Served from 10.00am to 1.00pm

Croissant with Dubliner Irish Cheddar and Glen Áine Limerick Ham (WG, E, MK, SP) Cal. 623 5.50

Toast (WG, S) with Butter (MK) Cal. 33 2.20

Served All Day

Handmade Sausage Roll with Andarl Pork, Fresh Rosemary and Fennel (WG, E, S, MK, MD, SP) Cal. 738 with 2 House Salads 4.75

Chorizo Melt with Emmental Cheese, Vine Ripe Tomatoes and Basil Pesto (WG, E, MK, MD, SP) Cal. 872 7.90

Croque Monsieur Baked Glen Áine Limerick Ham on White Toasted Bread Topped with Béchamel and Melted Dubliner Mature Cheddar Cheese (WG, MK, SP) Cal. 444 9.50

Famous BLT Crispy Crowe's Farm Bacon, Vine Ripe Tomato, Crisp Lettuce and Mayonnaise on Sourdough Bread (WG, RY, E, MD, SP) Cal. 610 9.50

Caesar Salad Wrap with Manor Farm Grilled Chicken, Crispy Crowe's Farm Bacon, Croutons, Shaved Parmesan, Toasted Pine Kernels and Caesar Dressing in a Soft Tortilla Wrap (WG, BG, E, F, MK, MD, SP) Cal. 620 9.50

Traditional Irish Soup (MK, CY) with Multiseed Soda Bread (WG, MK, SS) or Country Loaf Bread (WG, RG, MK) Cal. 535 5.50

Add a Cup of Soup to any Sandwich for 2.60

THE EARLY RISERS

Pancakes with Canadian Maple Syrup or Chocolate Sauce (WG, E, MK) Cal. 505/ Cal. 599 7.50

Add Crispy Crowe's Farm Bacon 2.50

OUR SIGNATURE SAVOURIES

Handmade Chickpea and Vegetable Roll with Seeds and a Hint of Cumin (WG, E, MK, SS) Cal. 482 with 2 House Salads 4.75

Grilled Falafel Wrap with Red Slaw, Red Onions, Roasted Red Peppers, Grilled Halloumi and Mixed Leaves (WG, MK, SP) Cal. 760 9.50

Vegan Falafel Wrap with Red Slaw, Red Onions, Roasted Red Peppers, and Mixed Leaves (WG, SP) Cal. 410 8.50

Smoked Chicken Ciabatta with Crowe's Farm Bacon, Cheddar Cheese, Oven Roasted Peppers and Caesar Dressing (WG, BG, E, F, MK, MD, SP) Cal. 800 9.50

Chicken Caesar Salad Crispy Cos Lettuce, Manor Farm Roast Chicken, Crispy Crowe's Farm Bacon, Shaved Parmesan, Toasted Croutons, Toasted Pine Kernels Served with a Traditional Caesar Dressing (WG, BG, E, F, MK, MD, SP) Cal. 1015 11.50

Simple Toastie (WG, S) Dubliner Cheddar Cheese (MK) or Glen Áine Limerick Baked Ham (SP) Cal. 630 6.50

French Fries with Garlic Mayo (E, MD) Cal. 671 4.95

All Sandwiches are Served with Mixed Leaf or Crisps

ALLERGENS

Wheat Gluten (WG); Rye Gluten (RG); Barley Gluten (BG); Oat Gluten (OG); Crustaceans (C); Eggs (E); Fish (F); Soybeans (S); Milk (MK); Peanuts (PN); Walnuts (WN); Almonds (AN); Hazelnuts (HN); Cashew Nuts (CN); Pecan Nuts (PNN); Brazilian Nuts (BN); Pistachio Nuts (PON); Macadamia Nuts (MN); Celery (CY); Mustard (MD); Sesame Seeds (SS); Sulphites (SP); Lupin (L); Molluscs (M)

Please note that although items made by us do contain allergens as outlined on our menu all our Simply Irish Food is made in house which is not an allergen free environment.

SI
CAFÉ

SIMPLY IRISH

THE COURTYARD CAFÉ MENU

Homemade Plain or Fruit Scone with Fruit Preserve and Farmview Dairy Cream or Lakelands Butter (WG, S, MK, SP) Cal. 730	3.30
Lemon Drizzle Cake (WG, E, MK, SP) Cal. 520	4.60
Vegan Blueberry Cake (WG) Cal. 235	4.60
Carrot Cake with Compsey Creamery Cream Cheese Frosting (WG, E, S, MK) Cal. 420	4.60
Chocolate Brownie with Fresh Farmview Dairy Cream (WG, E, S, MK) Cal. 650	4.60
Homemade Cookie	2.35
Brookie Our Own Signature Brownie/Cookie (WG, E, S, MK) Cal. 355	
Toffee Pecan (WG, E, MK, PN) Cal. 420	
Triple Chocolate Chip (WG, E, S, MK) Cal. 320	
Flahavans Oat and Raisin (WG, OG, E, MK, SP) Cal. 410	

Children's Portion Soup of the Day (MK, CY) with House Brown Multiseed Soda Bread (WG, MK, SS) Cal. 400	2.80
Kid's Toasted Sandwich (WG, S) Dubliner Cheddar Cheese (MK) or Glen Áine Limerick Baked Ham (SP) Cal. 630	5.95

Americano 12OZ Cal. 20	3.40
Cappuccino (MK) 12OZ Cal. 160	3.85
Latte (MK) 12OZ Cal. 195	3.85
Flat White (MK) 8OZ Cal. 130	3.60
Mocha (MK) 12OZ Cal. 200	3.90
Espresso 4OZ Cal. 18	3.20
Double Espresso 7OZ Cal. 35	3.40
Cortado Espresso (MK) 4OZ Cal. 43	3.40
Macchiato (MK) 6OZ Cal. 25	3.40
Hot Chocolate (MK) 12oz with or without Marshmallows (E) Cal. 390	3.95
Double Macchiato (MK) 8OZ Cal. 45	3.70
Add on Specialty Flavour	0.60
Add on Dairy Free Milk	0.60
Add on Extra Coffee Shot	0.60
Add on Decaf Coffee	

THE SWEETS

Almond and Apricot Cake our Flourless Version of a Classic Tea Cake (E, MK, AN, SP) Cal. 625	4.75
Mars Bar Rice Krispy Round (BG, E, S, MK) Cal. 322	4.30
Foods of Athenry Gluten Free Granola Bar (See individual Pack)	3.00
Belgian Chocolate Rocky Road with Bolands Biscuits (WG, BG, E, S, MK) Cal. 515	4.30
Flahavans House Honey Booster Granola Bar (OG, MK, SP) Cal. 355	3.20
Muffin of the day (WG, E, S, MK) Cal. 450	3.35
Danish (WG, E, MK) Cal. 315	3.30
Pain au Chocolat (WG, E, MK) Cal. 300	3.20
Croissant (WG, E, MK) Cal. 520	3.20
All Chocolate Bars (see individual Pack)	2.00
Irish Crisps (see individual Pack)	2.00

LITTLE PEOPLE-UP TO AGE 12 YEARS

Little People's Homemade Smartie Cookie Our Very Own Buttery Chocolatey Favourite (WG, E, S, MK) Cal. 415	1.90
Little People's Hot Chocolate with or without Marshmallows (MK, E) Cal. 270	1.90

THE REFRESHMENTS

Chai Latte (MK) 12OZ Cal. 180	3.65
Pot of Irish Tea	3.10
Herbal Tea from a Selection of Flavours	3.20
Oscar Wilde Still/Sparkling Water	2.30
Fruice Apple Juice / Orange Juice	2.80
Soft Drinks	2.20
Kids Fruice Juicy Low Sugar	1.90
Iced Tea 12OZ Cal. 15	3.60
Iced Coffee (MK) 12OZ Cal. 140	3.95
Homemade Lemonade (SP) Yes, We Make It Cal. 284	3.00
Smoothie of the day Check with Server Cal. 300	4.00

Since 1998, we have worked with the best traditional yet Innovative coffee roaster JJ Darboven, harnessing their 150 years' experience with our customer dining vision.

Open daily from **10:00 am to 5:00 pm**

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